


# ASK FOR HELP... IT'S OUT THERE.

You are not alone if you struggle with a behavioral health disorder, so don't make recovery a solo journey.

## Alcohol Use Disorders


Alcohol is the number **1** drug problem in America



**30.8**  
Percentage of driving fatalities attributed to being alcohol impaired

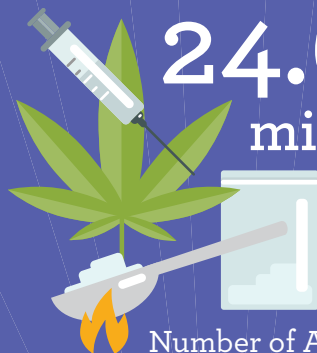


Number of adults in the U.S. with an alcohol use disorder  
**16.6 million**



## Substance Use Disorders

**24.6 million**  
Number of Americans aged 12 and older who are illicit drug users



Number of Americans who have used a hallucinogen within the past month  
**1.3 million**




**9.9 million**  
Number of Americans who admit to driving under the influence of illicit drugs



## Eating Disorders

Number of men in the U.S. with an eating disorder  
**10 million**

Number of women in the U.S. with an eating disorder  
**20 million**



**40-60**  
Percentage of elementary school girls concerned about their weight

